

North Eastern Education & Library Board Primary School Meals Kitchen

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 7 th Jan To 11 th Jan	Chicken curry, rice & Salad, naan bread Fruit and cream sponge & custard	Oven baked sausage Peas, mash potato & gravy Sponge Fruit & custard	Pasta bolognaise, Salad & crusty bread Jelly & fruit or yoghurt	Roast Chicken Carrots & peas oven roast & mash potato, gravy Milkshake fruit & biscuit	Oven baked salmon Or Chicken bites Chips or baked potato, Sweetcorn Yoghurt & Fruit
Week 2 14 th Jan To 18 th Jan	Fish Fingers, parsley sauce Peas & mash potato Chocolate flavoured pear sponge & custard	Steak burger in bap Sweetcorn Diced potatoes Flake meal biscuit, fruit & milkshake	Cottage pie, peas, mash potato & gravy Jelly, Fruit or Yoghurt	Roast Chicken, turnip & carrots, oven roast & mash potato Stuffing & gravy Carrot cake, fruit & custard	Cheese & tomato pizza, Or Lasagne Coleslaw or sweetcorn chips or baked potato Yoghurt & Fruit
Week 3 21 st Jan To 25 th Jan	Chicken pie, carrots, champ & gravy Chocolate orange & cream sponge & custard	Steak burger in a bap Sweetcorn Diced Potatoes Biscuit & Fruit or Yoghurt	Pasta bolognaise, Salad & crusty bread Jelly and fruit or yoghurt	Roast Pork, carrots & parsnip oven roast & mash potato, stuffing & gravy Muffin, fruit & Milkshake	Chicken bites Or Oven baked Salmon Sweetcorn or Beans chips or baked potato Yoghurt & Fruit
Week 4 28 th Jan To 1 st Feb	Sausage, carrots & mash potato, Gravy Chocolate sponge & custard	Steak burger in bap Oven baked diced potatoes Jelly & fruit or yoghurt	Chicken tikka masala, rice, Salad & naan bread Apple sponge & Custard	Roast Chicken Carrots & parsnip, stuffing, oven roast & mash potato, gravy Milkshake, fruit and biscuit	Fish Fingers Or Cheese & tomato pizza, chips, sweetcorn or baked potato Yoghurt & Fruit

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.