

PRIMARY MENU - 2019 (CHOICE) - MENU A

**school
food**

Try Something New today
www.schoolfoodni.com

Bread, salad, fruit,
yoghurt, milk and
water are available daily.
are available daily.

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 6.01.20	Pasta Bolognaise & Crusty Bread Mashed Potato, Gravy Apple Sponge & Custard	Cheese & Tomato Pizza Baked Beans, Sweetcorn Diced Potatoes Diced Potatoes Fresh Fruit, Yoghurt	Homemade Soup, Bread, Beef Burger & Bap Or Filled Baguette & Side Salad Ice-cream & Fresh Fruit	Baked Gammon Pineapple Cabbage & Carrots Gravy, Dry Oven Roast Mashed Potato Flakemeal Biscuit, Fruit & Milkshake	Oven Baked Crumbed Fish OR Chicken Bites Peas, Coleslaw, Baked Potato Or Chips Fresh Fruit & Yoghurt
Week Two 13.01.20	Pasta Bolognaise & Crusty Bread Chocolate Pear Sponge & Chocolate Sauce	Steak Burger, Sweetcorn, Gravy & Mashed Potatoes Fruit Krispie Square, Custard & Fruit	Oven Baked Crumbed Fish, Peas Mashed Potato & Parsley Sauce Fruit & Yoghurt	Roast Chicken, Stuffing & Gravy, Carrots, Cauliflower Dry Oven Roast & Mashed Potatoes Fruit & Yoghurt	Chicken Goujons OR Oven Baked Sausages, Sweetcorn, Beans, Baked Potato Or Chips Frozen Yoghurt & Fresh Fruit
Week Three 20.01.20	Chicken Curry & Rice Naan Bread Ice-Cream Tub & Fruit	Steak Burger, Onions, Baked Beans, Broccoli, Mashed Potato Fruit & Yoghurt	<u>BUFFET:</u> Selection of Sandwiches (Chicken/Egg/Tuna) Pizza Fingers Cocktail Sausages Carrot Sticks Fruit, Muffin & Milkshake	Roast Pork Carrots, Cauliflower Mashed & Dry Oven Roast Potatoes, Stuffing & Gravy Custard & Fruit	Chicken Bites OR Lasagne, Peas, Salad, Baked Potato Or Chips Fruit & Yoghurt
Week Four 27.01.20	Chicken Curry & Rice Naan Bread Crunchy Fruit Crumble & Custard	Cottage Pie OR Salmon Fishcake Carrots, Peas, Mash Potatoes Biscuit, Fruit & Milkshake	Chicken Goujons Diced Potatoes Sweetcorn Ice-cream & Fruit	Roast Beef, Carrots, Green Beans, Dry Oven Roast, Mashed Potatoes, Stuffing & Gravy Fruit & Yoghurt	Oven Baked Sausages Sweetcorn, Beans, Baked Potatoes Or Chips Fruit & Yoghurt

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